



SKIP INTO SPRING 2018

**with Vanessa Edwards
on Sunday 18 March 2018
from 10.00 am to 5.00pm at
Farrendon, Southorpe
Nr Stamford, Lincs PE9 3BX**

Join me for a day of experiential exploration as we embrace a new growth period for 2018 and help identify a New You. I will share my inner guidance and life experiences to inspire you to embrace your own accelerated cellular reJOYvination programme and create a new uplifted and enlightened persona.

We will begin the day with a walking meditation through the local countryside when we have the opportunity to merge Body and Soul and focus on what we need as individuals to be truly nourished and happy in our lives.

Throughout the day I will prepare and share a variety of delicious and completely revitalising fresh fruit and vegetable juices. As we savour the taste of each sip we'll feel every cell of our bodies come alive and dance with delight as we imbibe pure living vitamins, minerals and enzymes. We will consider the importance of what we eat throughout the day and embrace a rainbow of colour, taste and texture into our diet to support our new 2018 Light body.

As the most powerful thing a human BEing can feel is emotion, we will focus on leaving any thoughts from the past behind that no longer serve us, and recognise the myriad of strengths, gifts and talents we have collected throughout life and carry as our own unique and special gifts to share with the world in our individual tool box to enable us to fulfil our purpose. We will cultivate an aura of positive loving energy to enable you to generate your very own "Love trail" and help make a difference in our world. I will remind you of the power of thoughts and words, and how we have to learn to truly love ourselves to find true love in life. Ultimately, I will guide you to unite your mental and creative genius and connect to your own inner guidance to help re-ignite your passion for life and formulate an invitation to a new golden global future.

I promise you an abundant day full and overflowing with mental stimulation, fun and enlightenment as you BEcome a new Rainbow Chameleon for 2018. As we share and learn from each other we can embrace and birth our new world in the easiest way possible.

Please contact me to reserve your place and arrange payment details, and complete your details below, and return this booking form by email (vandaeh@me.com) or post to: Vanessa Edwards, Farrendon, Southorpe, Nr Stamford, Lincs PE9 3BX Tel: 01780 749006. Your investment for the day is £50.00. On receipt I will send you a confirmation letter.

For more details of my work visit: www.vandaehworks.co.uk.

NAME:

ADDRESS:

TELEPHONE NUMBER:

DATE OF BIRTH:

I wish to reserve a place on the "New Year New You 2018" day scheduled for Sunday 18 March 2018 at Southorpe and enclose payment accordingly.